

International Symposium Granada (Spain) 12th June 2017

ACTIVE BRAINS FOR ALL: EXERCISE, COGNITION AND MENTAL HEALTH

The International Symposium «ACTIVE BRAINS FOR ALL» aims to discuss the state-of-the-art regarding the effect of **physical activity, health-related physical fitness, sedentary behavior and nutrition** in relation to **brain, cognition, academic achievement and mental health** across the lifespan.

15th May 2017 Abstract submission deadline

25th May 2017 Early bird registration deadline

08:00-09:00 Registration

09:00-09:30 Official Welcome
Honor Committee

09:30-10:00 Symposium Opening. **Francisco B. Ortega and Irene Esteban-Cornejo**

10:00-11:30 Selected Oral Communications

11:30-12:00 Coffee break and visit to posters

12:00-13:00 **Keynote lecture.** Role of physical exercise and fitness on brain, cognition and academic performance: an international perspective. **Charles Hillman**

13:00-13:45 Poster presentation session

13:45-15:00 Lunch

15:00-16:00 Selected Oral Communications

16:00-16:30 Coffee break and visit to posters

16:30-17:30 **Closing lecture.** Past, present and future of the ActiveBrains, SmarterMove and CoCa projects **Francisco B. Ortega and collaborators**

17:30-18:00 Closing and Awards to best oral communications **Francisco B. Ortega and Irene Esteban-Cornejo**

19:30-20:30 Cultural running / walking

22:00 Tapas Dinner



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